

NuGO ECN WEBINAR

Dietary fibre-specific effects on bile acid metabolism: a randomised, controlled dietary intervention in healthy participants

Wednesday 5 November, 15:00-16:00 (CET)



Early Career

Jiemin FanPhD candidate
Newcastle University, UK

Dietary fibre may influence host health by modulating bile acid metabolism. However, the effects of different types of dietary fibre on bile acid metabolism in human remain underexplored. This study investigates the effects of two dietary fibres with distinct physiochemical and fermentative properties, resistant starch and polydextrose on bile acid metabolism in healthy participants.

About the speaker

Jiemin Fan is a PhD candidate at the Human Nutrition and Exercise Research Centre, Newcastle University. Her PhD research focuses on associations between dietary fibre and bile acid metabolism. The project is based on the DISC Study originated in Newcastle and collaborates with Michael Muller and colleagues at University of East Anglia as part of a NuGO collaboration.

NuGO works with the GoToWebinar platform. Make sure to join a few minutes earlier to get all programme updates. Questions can be asked in the question pane or preferably live by actively opening your microphone and camera.

Webinar Organizers: NuGO ECN (ecn.nugo@gmail.com) and the NuGO secretariat (nugo.org)