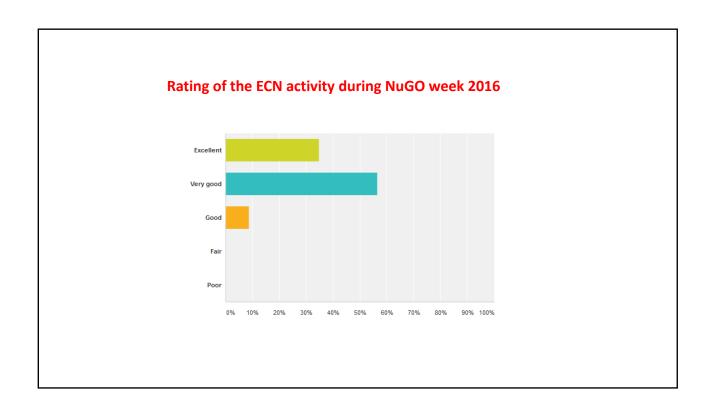


# Most common research topics of ECN members

## These were the most common topics of research:

- Biomarkers
- Diabetes
- Exercise
- Gut microbiota
- Metabolomics
- Nutrition
- Transcriptomics



## Activities expected be proposed by the Early Career Network?

#### To strenghten collaboration among young researchers

- · Discussion forum
- Information on potential collaborative opportunities between universities
- Exchange, platform on NuGO website (posting own articles?)
- · Facilitate contact (facebook, email lists)
- Local networking events with PhD students
- Platform where young researchers can present their work and start collaborations with other researchers
- Similar ECN activity at each NuGO welcome reception
- A web portal for ECN

## Activities expected be proposed by the Early Career Network?

#### To support learning/ training

- exchange programmes to allow participants to learn techniques in other labs
- Publish available internships/trainings on a common webpage
- career development session / scientific sessions
- list of useful resources/online courses
- workshops adjacent to congresses/symposia
- courses where we can learn hands-on techniques that we can directly use for our research
- online discussions
- fellowships or travel grants

## Activities expected be proposed by the Early Career Network?

#### To foster professional development

- Yearly meetings with senior researchers
- Collaboration projects
- Opportunities for visiting other research groups
- Career advice / resume checks, exchange of job opportunities
- Organising lectures/courses given by the more experienced NuGO crew
- A webportal with posts with openings in different institutions
- Fellowships, awards, travel grants
- Mentoring

## 6 - Which are the activities you expect to be proposed by the Early Career Network?

### To encourage innovation

- Innovative techniques and methods training
- Provide information on technology transfer and intellectual property rights arising from potential research
- A list of organization that provide stipendia (travel grants etc.)
- Creative workshops, give an overview of what is known: where do the gaps lie, how to research/how to improve.
- Exposure to novel techniques being used within NUGO (via workshops for example)
- Innovation requires more than just biology/medicine/nutrition. Therefore: Invite PhD students from other areas (e.g. technology, physics, innovation, business, economy) to the local brewery
- By providing updates in the field, this could spark new ideas
- New connections with companies